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## FRIEND At Fine Foods Australia

by Friend Fiji

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Organically grown, potent herbal remedies from Fiji, Turmeric and Layalaya will feature in Fine Foods Australia to be held in Melbourne this week.

Packaged as herbal tea, age old indigenous Layalaya root that has been used to boost immune system and cure digestive and respiratory ailments has become popular product of FRIEND's Fiji Style range.

Other teas that will feature at Fine foods include Hibiscus cup, Lemon Grass, Peppermint and Basil.

FRIEND's herbs and spices range, rich in anti-oxidants will include popular pure turmeric from our hills, Lemon grass, Basil, Rosemary and high in demand Kafir lime leaves.

Pure raw Virgin Coconut Oil and Sea Salt will also feature at Fine Foods in Australia.

"Gluten free flour made from Cassava and coconut proved very popular at last year's Fine Foods held in Sydney" said Sashi Kiran, Executive Director of FRIEND.

She said these will also be featured at Fine Foods along FRIEND's signature chutneys and jams.

"OXFAM Australia has started stocking up FRIEND's Fiji Style chutneys and jams from this year and we are confident that Gourmet foods in Australia will love our gluten free flour and

herbal tea ranges”, she said.

FRIEND works with communities on sustainable livelihoods and has been developing a range of products that are readily available and has sustained our people for generations.

These health foods will now be available to the world through participation at Fine Foods in Melbourne.

Fine Food Australia is the country’s leading trade exhibition for the foodservice, hospitality and retail industries.

The annual show attracts over 1,000 exhibitors from Australia and the world, and alternates between Sydney and Melbourne each September.

2016 Fine Food Australia will be held in Melbourne from the 12-15 September at the Melbourne Convention & Exhibition Centre.

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