

## FBC News

### Roko Tui Ra commends Trauma workshop

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**A workshop that uses art as a means to help community leaders in the Ra Province deal with trauma has been commended by the Roko Tui Ra Mosose Nakoroi.**

The Ra Province was labeled Ground Zero after Tropical Cyclone Winston made landfall there and caused so much devastation.

Koroi says during disasters such as this people all look to the Turaga ni koro and lean on him and other leaders and that can be a lot of pressure.

He adds this workshop, held earlier this week, helps them to release that pressure and learn some new methods of dealing with their pain and trauma.

*“There are villages that have completely been devastated. People have gone through a lot. So this Trauma workshop that we having now will really help people to rehabilitate the people physically, psychologically and be able to rebuild their home back.”*

Organized by the NGO Foundation for Rural Integrated Enterprises and Development, the four-day workshop saw a renowned Trauma Facilitator Babu Ayindo from Kenya conduct sessions with thirty participants from Nakorotubu, Nalawa and Saivou districts.

The workshop also promoted peacebuilding, taught participants skills to help them survive and hopefully has a rippling effect in the community.

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