

Sports festival to combat NCDs

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Update: 2:48PM THE Foundation for Rural Integrated Enterprises and Development (FRIEND) says the fight against diabetes and other non-communicable diseases had reached a crisis point in the country, and has extended its efforts to a sporting festival next Sunday to combat the issue.

The Mela Na Waqe (Festival of Sports) will also feature traditional food intended to revive local traditional modes of cooking for health so we can combat the rising challenge of NCDs. Associate Director Dr Jone Hawea said in a statement this afternoon.

The clock is ticking on us- one in three people in Fiji has diabetes, every 12 hours there is a diabetic amputation in Fiji, youngest type 2 diabetic is an 11 year old we have to act now.